



**Slow your
seasonal
sniffles!**

Spring is in the air...and so is allergy season. Before you get sneezing, know that First Stop Health doctors can help you keep your allergies under control. Here's how:



Prescriptions* when appropriate, including for over-the-counter allergy medications that may be covered by your insurance, HSA or FSA.



Talk to a doctor anytime, anywhere. It's 24/7 care that can be done via phone or video. Just request a visit for care in minutes!

COMPANY NAME telemedicine powered by First Stop Health is provided to COMPANY NAME ELIGIBLE EMPLOYEES and their ELIGIBLE FAMILY for COPAY.

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* Costs applicable to your medical plan.