first stop health®

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CASE STUDY:

Reducing Absenteeism

Meet the Client

250 Full-Time Employees
Implemented First Stop Health Virtual Primary Care, Urgent Care & Mental Health

The Problem

- For this client, many employees were frequently missing work due to illness or taking partial days off to accommodate the travel time and appointment wait times required for in-person care.
- Employees were increasingly utilizing expensive healthcare modalities (i.e. urgent care centers and emergency rooms), resulting in greater employer healthcare spend.

The Solution

- To reduce absenteeism, this client implemented an innovative virtual care solution to encourage employees to virtually engage in their health.
- First Stop Health organizes, implements and funds all employee engagement campaigns to drive utilization of our solutions. This client achieved exceptional utilization in their first year due to our custom, persona-based communications.
- Greater utilization of First Stop Health claim-free virtual care means more in-person care was diverted for employee and employer healthcare savings.

Results

304% Combined Utilization	**66%** Virtual Primary Care Utilization	**126%** Virtual Urgent Care Utilization	**152%** Virtual Mental Health Utilization
231% Return on Investment	**600+** Employee Hours Saved	**$200K+** Net Employer Savings	**+100** Virtual Primary Care Patient NPS

Data reflects results from January 1, 2023-December 31, 2023.

Scan for More Information