



## How We Achieve High Utilization

### Employees love using our Virtual Care

To help employers meet the increasing demand for fast, high-quality care, First Stop Health (FSH) does all the heavy-lifting to effectively onboard all employees. As a result, we achieve 45% utilization (on average) for Virtual Urgent Care and 21% utilization (on average) for Virtual Mental Health – among the highest in the industry.

#### How we drive utilization:

- Targeted, year-long employee engagement
- Smart, personalized communications
- Easy onboarding and maintenance via an online dashboard
- Convenient access to care with our mobile app, website or by phone
- Quarterly reporting to measure savings

Your employees will feel better, faster and your company saves money from avoided emergency room, urgent care and doctor’s office claims.

*"The doctor listened to my symptoms and had a treatment plan quickly. With three kids and a full-time job making traditional appointments just isn't always possible. I highly recommend First Stop Health!"*

- Patient, Pennsylvania

[Learn more at fshealth.com](https://fshealth.com)

